

# Super 6 & Barefoot 7's



21 June 2018

## Kia ora Koutou

Student portfolios will be going home with students this week. For some classes these are digital portfolios and other classes these are in folder forms. Please keep an eye out in your child's bag for the information sheet about portfolios, conferences and reporting. We would love to get your feedback on portfolios so please complete the reply slip and return to school with your child.

Congratulations to Georgia Brown who recently shared her gorgeous creation at the 2018 Edible Fashion Awards. Her Bride/Groom creation earned her a spot in the finals of the event. Well done!

**FRONT PAGE PHOTOS:** Congratulations to our Super 6 Rugby teams – we came third overall!! Super 6 netball is on next Friday, please note the date change.



**PARENT/ TEACHER/ STUDENT CONFERENCES** Conferences are being held on Monday 2nd and Tuesday 3rd July. To book in your conference time, please go to <https://www.parentinterviews.co.nz/> and enter the booking code **SCR9QKDN** Thank you to those who have done this already. If you are having trouble with the booking system, please feel free to email your child's classroom teacher. School will finish at the slightly earlier time of 2.45pm on the two conference days.

## Mufti Day Tomorrow \$2 Winter Woollies & sausage sizzle \$2

Canteen will be closed for Interval AND lunch. Please do **not** wear onesies, PJ's or make up. Appropriate WINTER clothing only. Your child will need \$4 if they wish to wear Mufti AND have a sausage.



**HANGER PAINS!!!** Did you know that students who skip breakfast are more than twice as likely to become annoyed or frustrated in the classroom? Further research has also found that 91% of those who skip breakfast feel hungry in class. Most children are well-aware of the importance of consuming fruits and vegetables every day, but many are unaware of other core food groups and why the first meal of the day is so important. Research confirms that breakfast is crucial for children's health, academic achievement, cognitive development and mental health. We have Breakfast Club here at school that Vicki runs from the school canteen from 8am Tues, Wed, Thurs (Mon & Fri on request). FREE weetbix and milk for those who haven't had breakfast or just didn't have time to have enough. Weetbix and milk are also available from Vicki throughout the day for those that need it.

**SIDE EFFECTS OF BEING HUNGRY.** Below are the symptoms your hangry child might be experiencing:

- Lack of concentration
- Slower recall
- Difficulty paying attention
- Diminished academic performance
- Emotional and behavioural difficulties
- Issues with aggression and anxiousness
- Difficulty getting along with other kids
- Hyperactivity
- Increased illness, with a longer recovery time, accompanied with increased absence and tardiness



- <http://primeroedge.com/no-child-hangry/> This is an interesting link if you would like to read more

**WRITE LIKE AN AUTHOR!** Holiday Writing Camp Fun!! For any budding young writers who would like to learn how to turn their wonderful ideas into wonderful stories. All students would benefit from the writing skills learned on this programme. It will be held at St Patricks School Riverbend Rd, from 9<sup>th</sup> to 12<sup>th</sup> July 9am-4pm each day. Presented by published author Maria Gill. Ages 9-14yrs. Earlybird price \$195. [www.writelikeanauthor.com](http://www.writelikeanauthor.com) to register and for further info.

## Visiting Author Tim Tipene

Last Monday, Tim Tipene a NZ author came into our school to talk about writing and his life. He acted out the most important parts of his childhood, which included acting out two of his teachers, Mrs Battersby and Mrs Foot, who were his biggest inspirations in his life. They inspired him to be an author as they saw he had a strength in writing and believed in him. He was very humorous and entertaining during his visit. Two things we learnt from Tim were, even if you didn't do very well in school you can still pursue your dreams and don't judge somebody by their cover as you never know what a person is like until you get to know them. We all enjoyed his visit at our school. **By MJ and Jada.**



## MESSAGE FROM NETSAFE ON ONLINE BULLYING

One in five young people in New Zealand have been the target of online bullying\* – it can happen to anyone, and it can be hard for parents to deal with. You can contact Netsafe on behalf of them for help and advice, or your child can contact us.

**IS YOUR CHILD BEING BULLIED ONLINE?** Each case of online bullying is different and each child will respond differently to bullying – behaviour that deeply affects one child may be water off a duck's back to another. There's no fool-proof way to tell if your child is being bullied online, but if you think they might be try asking them about it in a non-confrontational way.

**WHAT IS ONLINE BULLYING?** Online bullying (also known as cyberbullying) is when a person uses digital technology to send, post or publish content with the intention to harm another person or a group. This behaviour is often aggressive, is repeated and involves some kind of power imbalance between the people involved.

Online bullying can take many forms:

- name calling online
- repeated unwanted online messages
- spreading rumours or lies
- fake accounts used to harass people
- excluding people from social activities
- embarrassing pictures, videos, websites, or fake profiles



### **WHAT TO DO IF YOUR CHILD IS BEING BULLIED:**

1. **Stay calm:** Your child needs to be able to talk to you and know that you'll be level headed, thoughtful and helpful in your response.
2. **Evaluate the situation:** It's important to know exactly what's going on before you can work out what to do next. Is it a few off hand remarks, or is it something more serious?
3. **Understand how your child is being affected:** If your child is upset about a situation, let them know that you understand and it's OK to be upset.
4. **Don't take away the technology:** Taking away your child's laptop or mobile phone can alienate them from their most important support network – their peers.
5. **Work through a plan together:** If you need help about what you can do next email [queries@netsafe.org.nz](mailto:queries@netsafe.org.nz) or call 0508 NETSAFE 0508 638 723 seven days a week.

**OPTIONS FOR DEALING WITH ONLINE BULLYING** Each situation is different, and we can help you to understand the best options available to you. There are also some actions that you're able to take yourself that can help.

**Social media** Teach your child how to use the features available on most social networking sites including blocking and unfriending people and reporting content. You should also show them how to update privacy settings on social media – if you're not sure how, visit the safety centres of the social media platforms they use.



**Winter Holiday Programme**

**9<sup>th</sup> – 20<sup>th</sup> July 2018**

8:00am – 4:00pm

YMCA offers a safe, fun and professional place for your children.

Programmes available for Juniors 5-8yrs, & Seniors 9-13yrs

**BOOKINGS OPEN NOW**

Register online now at [www.ymcahb.org.nz](http://www.ymcahb.org.nz)

**THE COOK & GROW PROJECT:** July school holiday cooking programme. Booking forms and more info at [www.cookandgrowproject.co.nz](http://www.cookandgrowproject.co.nz) or call Helen on 027 66 888 02, email [helen@cookandgrowproject.co.nz](mailto:helen@cookandgrowproject.co.nz)

**FUNFACTOR HOLIDAY PROGRAMME:** Hastings Sports Centre July School Holiday Programme. A fun and safe environment for kids aged 5-13. Two weeks of action packed adventure sports and activities: Arataki Honey, Ocean Spa, Flip Out, Museum, Driving Range etc. Ph 8780051 [www.hastingsdc.govt.nz/hsc](http://www.hastingsdc.govt.nz/hsc) or facebook: [hastingsportscentre](https://www.facebook.com/hastingsportscentre)

**AWATOTO GOLF:** Come and give **FOOT GOLF** a go these school holidays! Adults pay children's price of \$6 when playing with a child in the July holidays. 200 Awatoto Rd, Awatoto. Ph 835 8273.



**MATHEMATICAL MIND MOVER:**

The council is busy building a new playground at Anderson Park. They have invited the students of Tamatea Intermediate to participate in designing it. After some discussion, the students decide to build a puzzle for the playground using 9 stepping stones. Each stepping stone is marked with a number from 1-9. The players need to arrange the stepping stones into a triangle with the number 1 on top. They then need to arrange the stones on each side of the triangle so that the sum of the numbers on each side of the triangle equals 20.

**Show how this could be done.** Remember to include your name, room number and working out on your entry form. Good luck.



Regards,  
Joanne Smith,  
Principal

What's Happening?	
27 June	Reports go out
<b>29 June</b>	<b>Super 6 Netball NB DATE CHANGED</b>
2 <sup>nd</sup> & 3 <sup>rd</sup> July	Student Led Conferences <b>2.45pm finish</b>
6 July	Last Day of Term 2
23 July	First Day of Term 3
8 August	Super 6 Hockey (Park Island)
22 August	Super 6 Basketball (Pettigrew)
28 August	<b>12.30 FINISH</b> for our Open Evening
10 – 14 Sept	AIMS games

